

East Lake Sammamish Trail

NOTE - Drive the route slowly and record ALL species seen and the number of each species seen.

This route requires 2 cars for shuttle purposes.

Leave a car at the 187th Avenue SE access. Drive another car to the Lake Sammamish State Park boat launch and leave car there. Then walk the 9 mile trail up to 187th. View as many upland birds as possible. Also, view as many birds in Lake Sammamish as possible - to the middle of the lake. Other crews will be birding Lake Sammamish State Park and the west side of the lake including Idylwood Park and Marymoor Park, so they will count the birds on the other side of the lake.

In addition to the trail walk, there are 3 spots along that trail - in the central and northern area of the trail - that can be accessed by driving to them before or after the walk at the south end. They are:

1. East Lake Sammamish Parkway and 187th Avenue NE. There's good parking on 187th. Cross the parkway toward the lake. Here you have good viewing of the northeast corner of Lake Sammamish.
2. East Lake Sammamish Parkway and NE 33rd. Again, good parking at NE 33rd. Cross the parkway to access the trail. There's good upland habitat and views into the lake.
3. East Lake Sammamish Parkway and a street sign that says 159th SE, 169th SE, 173rd SE, 181st SE. On the west side of the parkway, look for parking on the shoulder. Bird around this area. In the past the trees near the lake have had eagles and hawks and the trees on the east skyline have had hawks.

NOTE – Comments on the route are encouraged. Are there any changes to the route that you would recommend? Were some areas unproductive and could be deleted? Should more time be spent at some areas? Are there any other areas that should be included in the count? Feel free to write comments on this sheet and turn it in at the dinner.